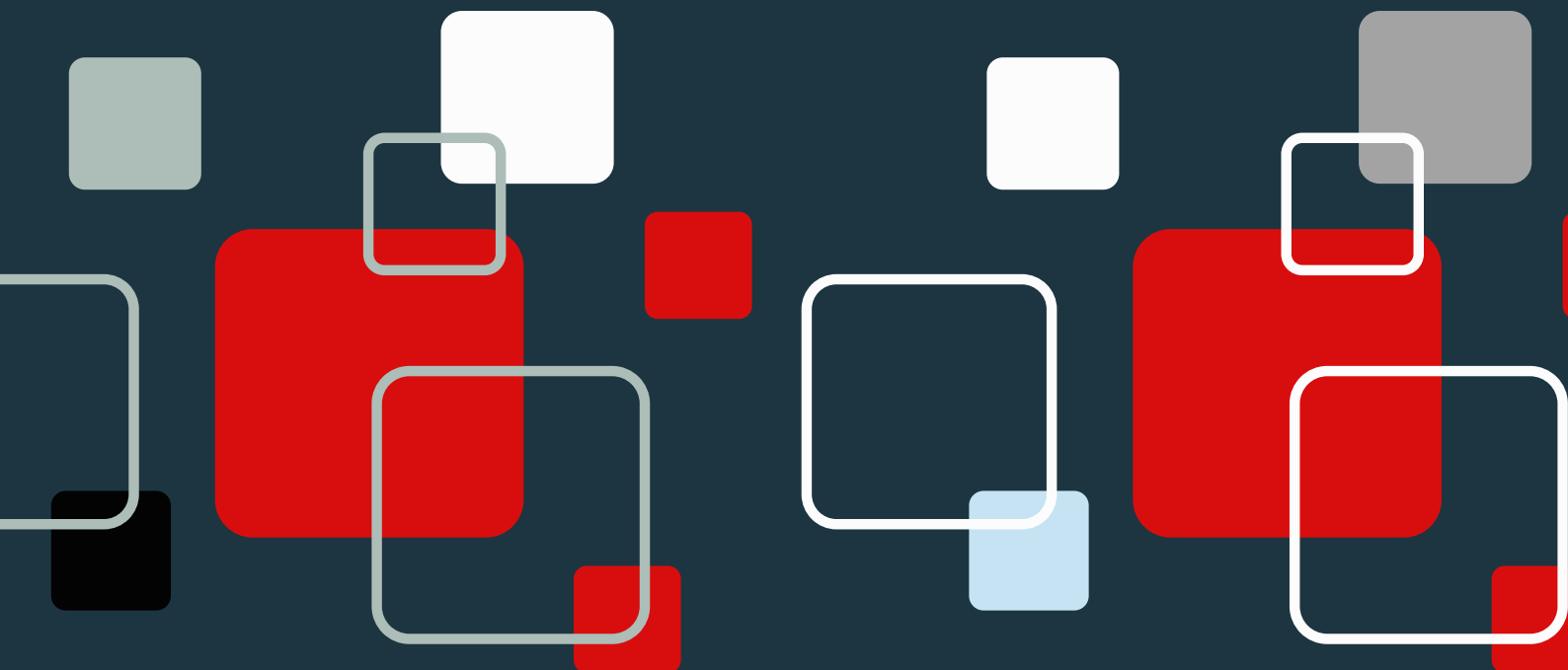




NEW MYRNAM SCHOOL
2025-2026

GRADE 10 HANDBOOK

STARTING YOUR HIGH SCHOOL JOURNEY



**Please note: This document is meant to be supplemental to an orientation night at the school, not a stand alone document.*

ALBERTA HIGH SCHOOL DIPLOMA



In order for a student to receive a high school diploma in Alberta, they must achieve the following requirements:

- 30-Level English Language Arts
- 30-Level Social Studies
- 20-Level Science
- 20-Level Math
- Physical Education 10
- CALM (Career and Life Management)
- 10 30-Level credits
- 10 CTS or related credits
- 100 credits total



ALBERTA CERTIFICATE OF ACHIEVEMENT



In order for a student to receive a high school certificate of achievement, they must achieve the following minimum requirements:

- 80 credits
- ELA 20-2 or 30-4
- Math 10-3 or 20-4
- Social 10-2 or 20-4
- PE 10 (3 credits)
- CALM
- 10 Credits in a 30-level CTS/K&E course, RAP course, Green Certificate, Work Experience

POST SECONDARY

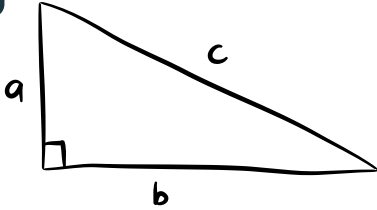
Each post secondary institution will have its own requirements to gain acceptance into it. Within an institution there will be differences in requirements depending on the program the student wants to get into. In high school, students should take a wide variety of courses to keep their options open.



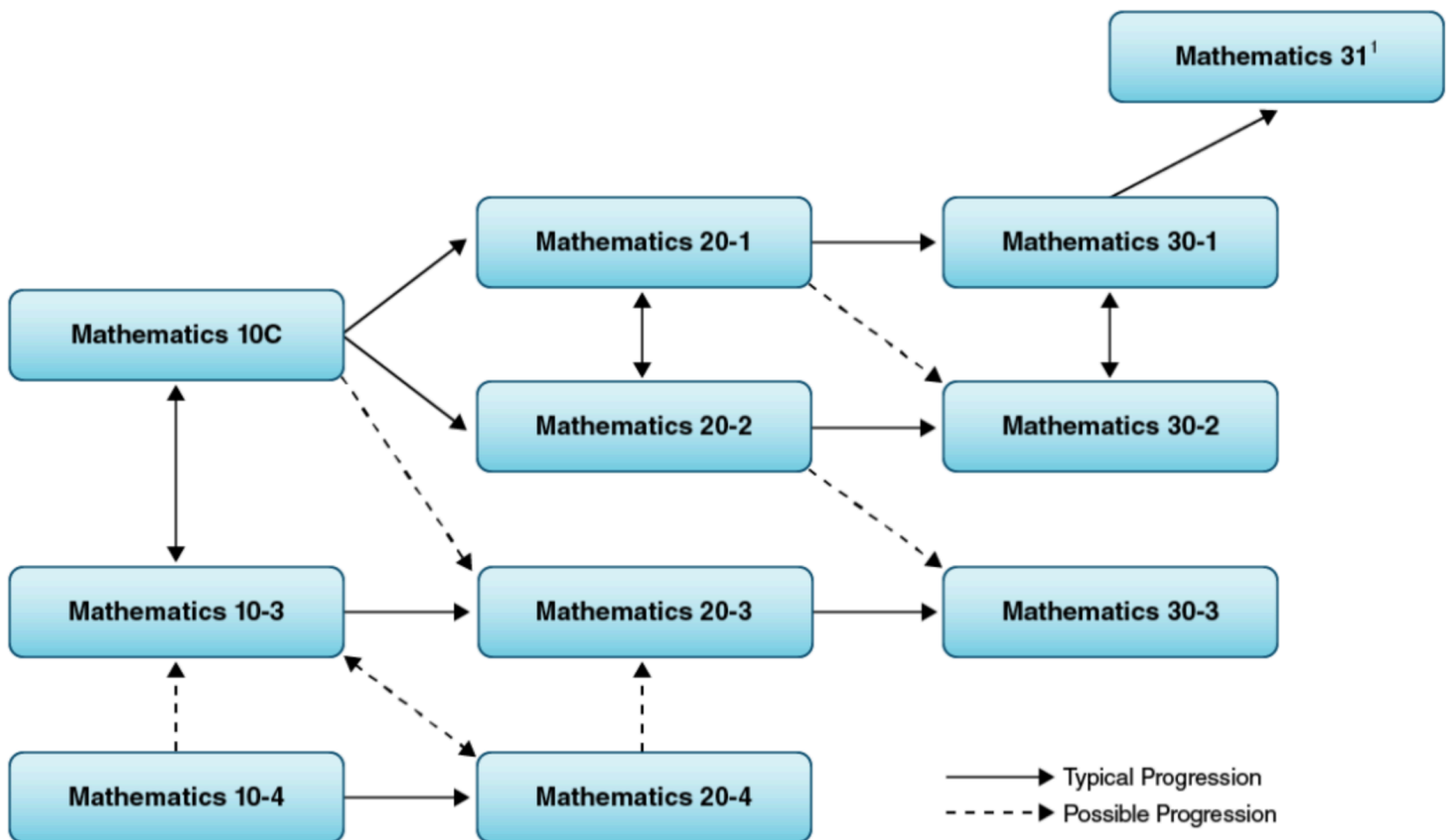
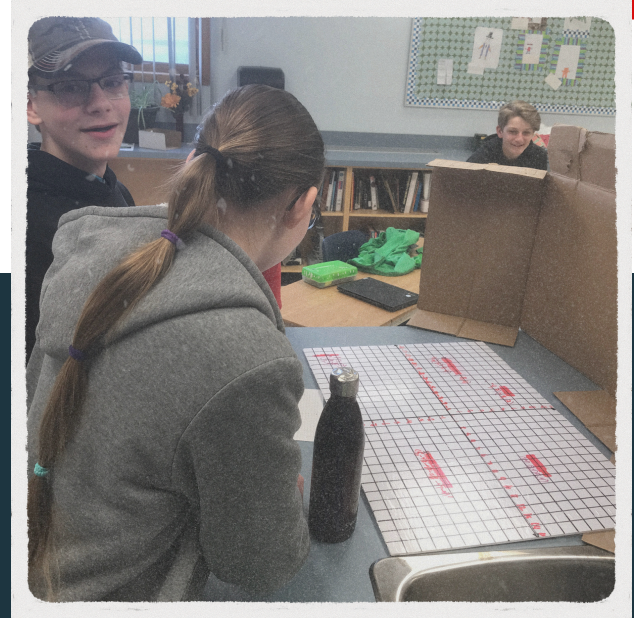
$$M = \left(\frac{x_1 + x_2}{2}, \frac{y_1 + y_2}{2} \right)$$

MATH

$$A = \frac{\sqrt{3}}{4} a^2$$



$$a^2 + b^2 = c^2$$



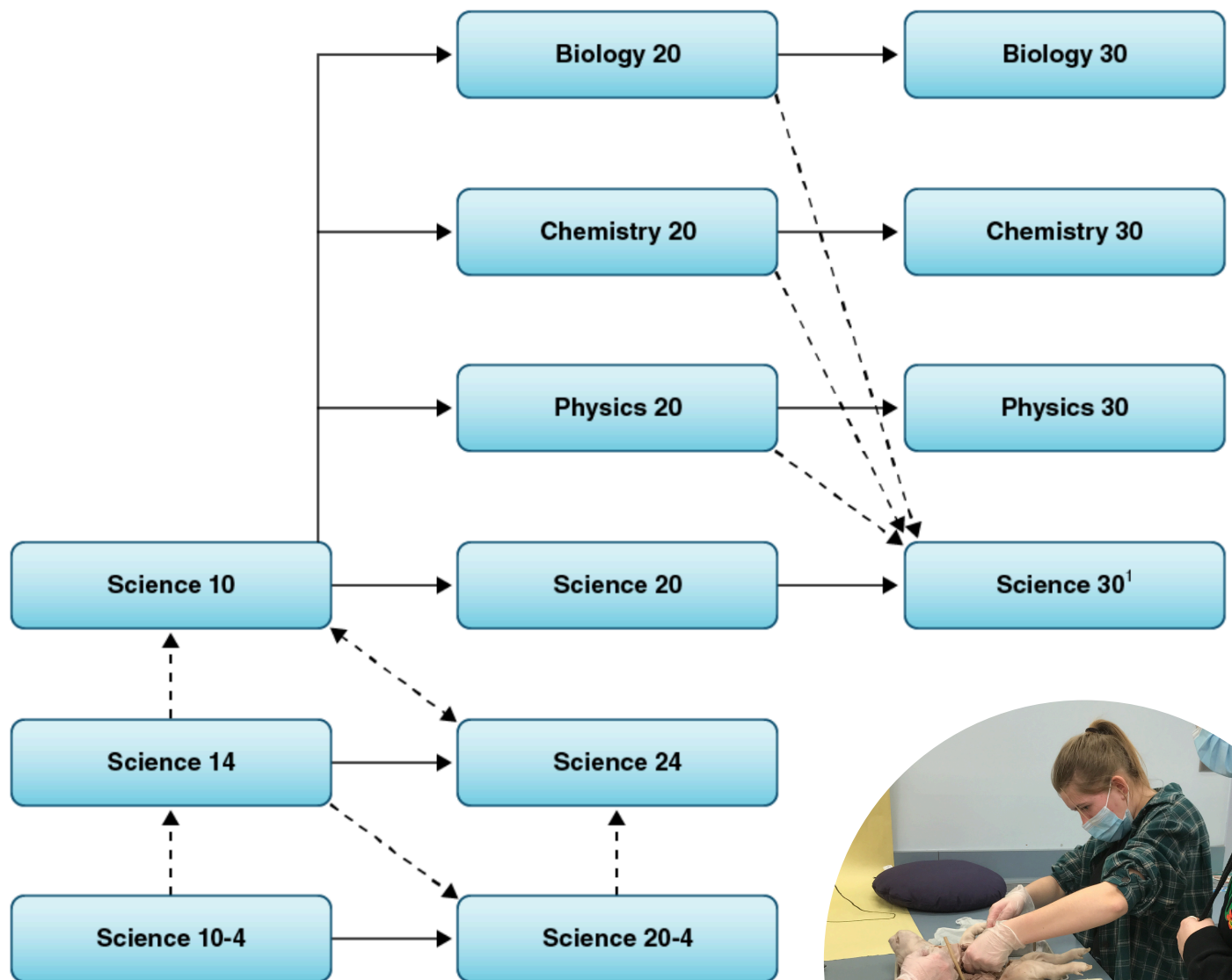
(Each course is 5 credits.)

¹ Mathematics 30-1 is a prerequisite or corequisite for Mathematics 31.

SCIENCE



Science Program

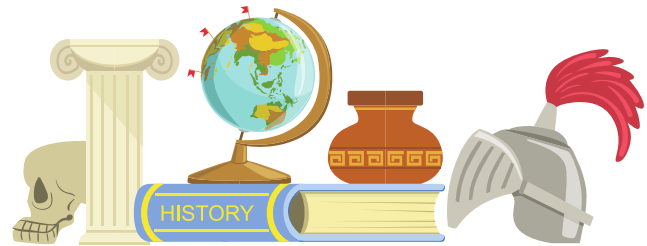


(Each course is 5 credits.)

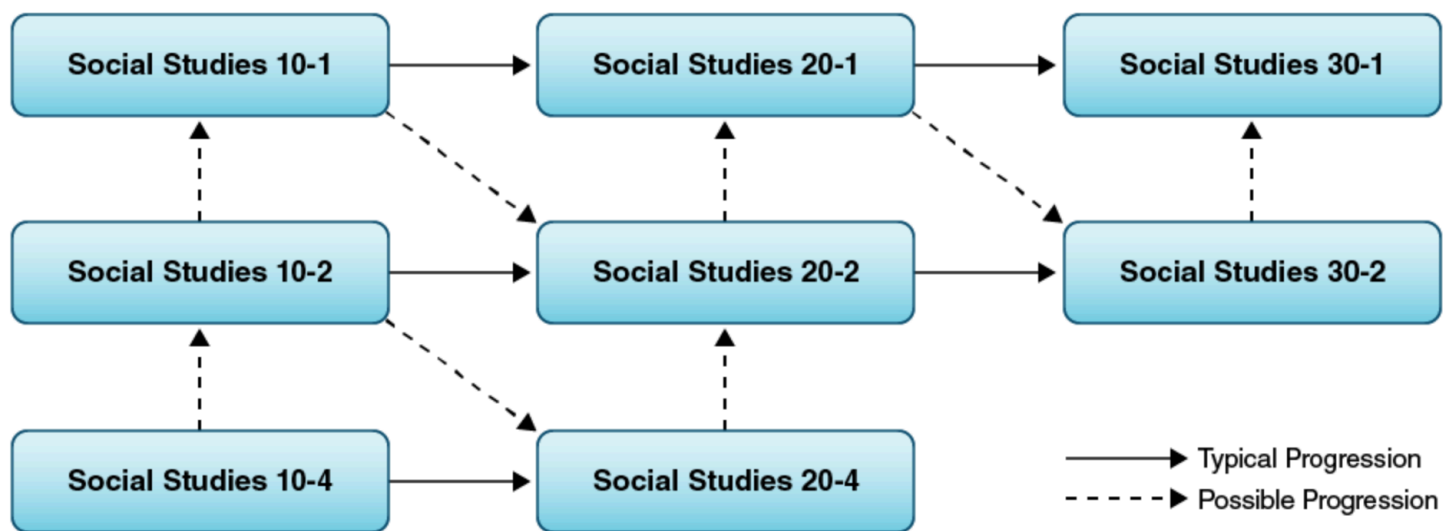
— Typical Progression
 - - - Possible Progression



SOCIAL



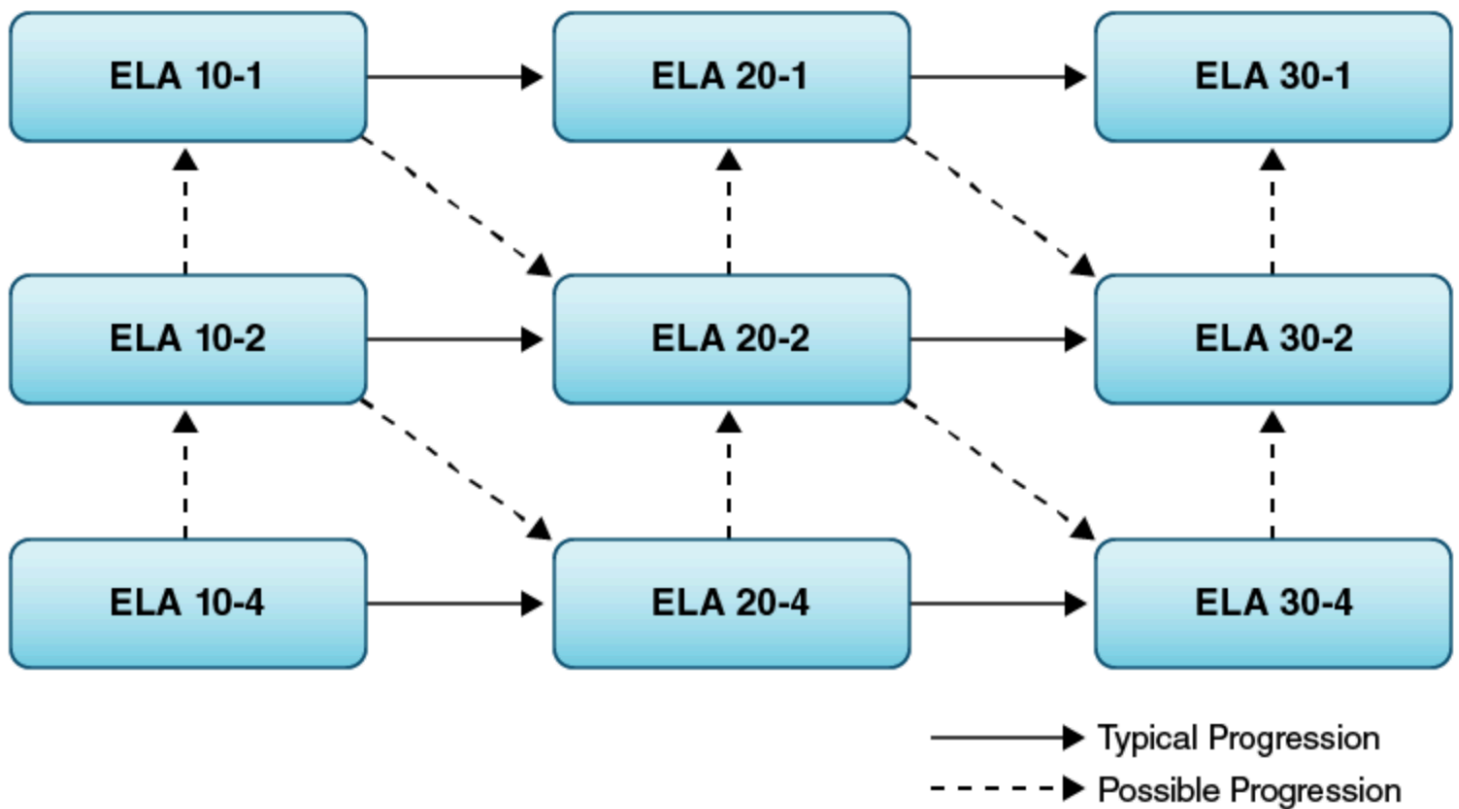
Social Studies Program



(Each course is 5 credits.)



ENGLISH LANGUAGE ARTS



(Each course is 5 credits.)



COURSE ROTATIONS

Grade 10s will take Science 10 and Science 14 in the first semester. In semester 2, a 20-level science will be offered. Interested grade 10s take this 20-level course combined with the grade 11s.

Generally, we rotate Biology 20/30 and Chemistry 20/30 as these are popular courses. We will ensure students who require Physics 20/30 or Science 20/30 have an opportunity to take these courses.



STUDENT CHOICE

- **CTS CREDITS**

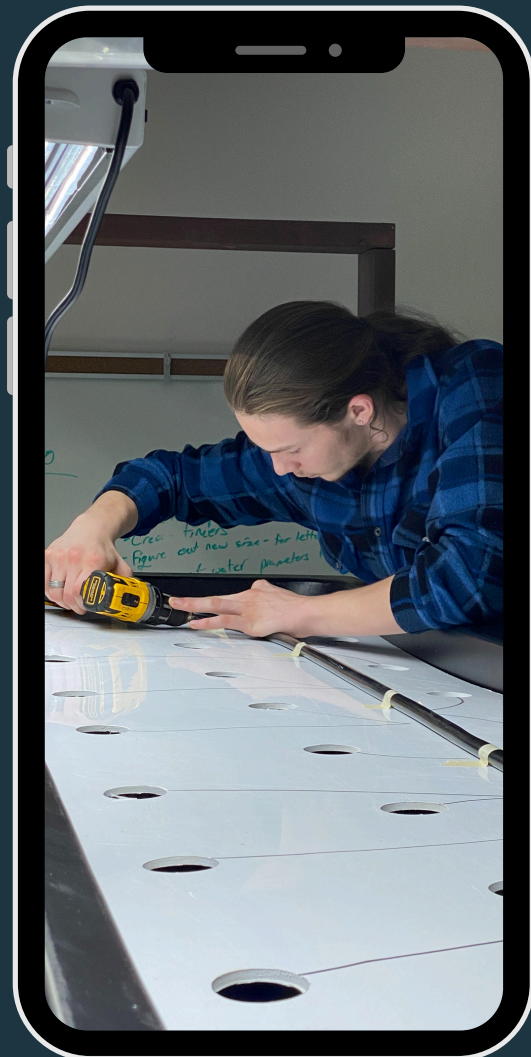
CTS (Career and Technology Studies) credits cover a wide variety of subject matter. They are grouped into clusters. Essentially, if you have a passion or interest in something, there is a CTS module for you!

- **FOODS**

- **WEIGHT TRAINING**

- **ENERGY PROJECTS**

Our School's project based learning focus gives students the opportunity to try their hands at different trades in a variety of ways.





MORE OPTIONS

● OUTDOOR EDUCATION

New for grade 10 students

Mr. Riley has put together an extensive outdoor education option curriculum where students earn multiple credits for outdoor activities like ice fishing, x-country skiing, outdoor cooking, and back country camping through classroom work and field trips to Elk Island National Park, skiing to the Myrnam Golf Course, ice fishing on Stoney Lake, and completing a Writing on Stone trip.

Students work through online courses for credits as well as pre-requisites for the off site trips. If families choose to pay for these courses, their student will receive certification in courses like hunter education.

All students are enrolled in Outdoor Education.



OFF CAMPUS



- **RAP**

The Registered Apprenticeship Program allows students to work under a ticketed tradesperson, learn about the trade, earn high school credit and working towards their first year hours before they graduate high school.

- **WORK EXPERIENCE**

Students have the opportunity to earn up to 15 credits towards their high school diploma through work experience.

- **DUAL CREDIT**

St. Paul Education has MOU's with several post secondary institutions. Courses include Psychology 104, Computer Science, Coding and Robotics and Introduction to Social Work.

- **GREEN CERTIFICATE**

The Green Certificate Program is a technician program offered through Lakeland College.

SUMMER SCHOOL

St. Paul Aternate Education (SPAEC) offers summer school programming. Courses run for the month of July. Students can upgrade their marks and take new courses. There is a maximum of 10 credits students can earn in summer school.

Google Productivity Pro is a 6 credit course. When successfully completed, students are given a certificate to order a free chromebook.

Math 15 is a course designed to provide support to students who struggled in Math 9



NEXT STEPS



Each spring, Mrs. Eriksen sends out a survey asking grade 9-11 students what courses they are planning on taking the next year and beyond. Please discuss course options with your student and fill this survey out to accurately reflect the courses your student wants/needs.



The survey results are used to create the timetable the following year.

NEXT STEPS **CONTINUED**

Students will receive a Google form before the end of June asking them to register for courses which will be offered in semester 1 and 2 of the following school year.

Parents can see their child's courses, grades, and attendance on Power School. Please contact the office if you are not yet logged in.



FINAL THOUGHTS



No two students are alike and high school should not be a one size fits all. We will work with you and your student to provide the educational experience they need to reach their goals.

This also means that some students may take longer than 3 years to complete the requirements of a high school diploma. Students have Alberta Education funding until they are 21 on September 1.





CONTACT INFORMATION

YOUR STUDENT'S HOMEROOM TEACHER IS
MRS. OSTROPOLSKI. SHE IS HERE TO ASSIST
YOU AND YOUR STUDENT WITH THEIR HIGH
SCHOOL COURSE SELECTION NEEDS.



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